Today's Date:	Shoe Si	ze:	Pharmacy Number:				
$\underline{\mathbf{N}}$	IUSC: Christopher (Gross, M					
Last Name: Gender: Mal Occupation:	First Name = Female	ne:	D Height:	OB:	Age: _ _ Weight:		
Marital Status:	Single	Married	Divorced	pation: Widowed	<u> </u>		
Primary Care Phy	sician (please list name	and address	s):				
	I you to see the doctor to						
	visit?						
Date of Injury:		Durat	ion of symptor	ns:			
	esult of an injury at wor						
	y occur?						
Location of problem Big Toe	n (circle all those that app Toes Foot	oly): Heel	LEFT Ankle	RIGHT Le		AL.	
Description of pain:	Sharp Dull Tingling	, Achy	Throbbing B	urning Sv	velling Stiff	fness	
Timing of pain:	Constant Several t Several times a day	times an hou Sever	r Once al times a week	or twice a da c or month	ay Intermitt	ent	
Activities that make	the pain worse: Ir Standing Walking	n the mornin	ng At night ing Stairs	During res Oth			
VISUAL ANALOG	UE SCALE: How much VISUAL ANALO	pain to you OG SCALE	have on averag	e currently?			
NO PAIN	aning serior retiral sector 100	um jumun mu		WORST PAIN	7		
	0 20 30 40 50	60 70	80 90 100	imaginabli)	<u> </u>		
Who have you seen t	for treatment/evaluation	n?					
Emergency room	Primary physician Po	odiatrist	Specialist/Ort	hopaedic Su	rgeon O	ther	
Have you had Diagn	ostic Studies such as:	X-RAYS Ultrasoun	Bone Scan d Other	MRI CT	` EMG	DEXA	
What treatments has	ve you received so far fo	or this prob					

Injections Physical Therapy Brace, Splint or Cast Orthotics/Inserts	Yes Yes Yes Yes	No No No No	•	ications you have taken for this
Medical History: Do you now or have ever had a his	tory of t	he following	conditions? (Please circ	cle all those that apply)
Eyes, Ears, Nose, Throat Corrective Eyewear Glaucoma		Hearing Pro Sinus Probl		Cataracts Headaches
Cardiovascular Heart Attack Heart Murmur or Valve Pro	oblem	Heart Failu Congestive	re Heart Failure	High Blood Pressure Irregular Heart Beat
Respiratory Asthma Pneumonia		Emphysema Sleep Apne		Bronchitis Tuberculosis
Gastrointestinal Ulcer Diverticulitis		Colitis/Crol Liver Disea	nn's Disease se	Reflux/Gastritis Hepatitis
Genitourinary Bladder problems Kidney Stones		Kidney/Ren	nal Disease	Prostate
Musculoskeletal Rheumatoid Arthritis Lupus		Osteopenia/ Osteoarthrit	Osteoporosis tis	Ankylosing Spondylitis
Neurological Seizures/Epilepsy Alzheimer's Disease		Parkinson's Balance Pro		Polio Foot Drop
Psychiatric Depression Sleep disorder		Anxiety		Schizophrenia
Endocrine DIABETES		Thyroid		Fibromyalgia
Hematological HIV/AIDS Hemophilia		Blood Clots	s/Bleeding Disorder	Anemia
Transplant Procedures	•			
Cancer (please list type)				

GIES or	advers	e reactions (medication, latex or e	nvironmental):
Previous Surgeries:		Month/Year	Location/Surgeon
Gene	eral anes	thesia Spinal Epidural Loc	cal anesthesia
10000	50	Nan	ne Dosage Frequency
	Steroi	ds (please list oral or injection and t	he duration of your treatment)
Yes Yes Yes Yes Descr	No No No No ibe:	How much do you smoke a Number of drinks Dail: Describe: Daily Weekly Monthly	y Weekly Social
	Alive		
	Gene problems Dosa Dosa Tes Yes Yes Yes Yes	General anes problems with an Dosage Yes No Yes No Yes No Yes No Yes No Describe:	General anesthesia Spinal Epidural Locaroblems with anesthesia? Yes No Desins (please also include vitamins, herbal supplements Dosage Frequency Nar Steroids (please list oral or injection and to Yes No How much do you smoke a Yes No Number of drinks Dail Yes No Describe: Yes No Daily Weekly Monthly Describe:

SF-12 Health Survey

This survey asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities. **Answer each question by choosing just one answer**. If you are unsure how to answer a question, please give the best answer you can.

1. In general, would you say your h	ealth is:					
□₁ Excellent □₂ Very good	□₃ Good	□₄ Fair		□s Poor		
The following questions are about limityou in these activities? If so,		ı might do duri	ng a typica	al day. Does	your health now	
		YES, limited a lot		YES, limited a little	NO, not limited at all	
2. Moderate activities such as moving a vacuum cleaner, bowling, or play		.□1			□3	
3. Climbing several flights of stairs.		□1		[]2	Пэ	
During the past 4 weeks, have you daily activities as a result of your p			blems wit	th your work	or other regular	
			YES		NO	
4. Accomplished less than you wo			□1		□2	
Were limited in the kind of work of			□ 1	_	□2	
During the past 4 weeks, have you						
daily activities as a result of any er	notional prot	<u>siems</u> (such as	reeling ae	pressed or a	anxious)?	
			YES		NO	
6. Accomplished less than you wou	ıld like.		□ 1	•	□ 2	
7. Did work or activities less careful	ly than usual	•	□1		□2	
8. During the <u>past 4 weeks</u> , how m the home and housework)?	iuch <u>did pain</u>	<u>Interfere</u> with y	our norma	al work (incl	uding work outsid	e
□₁ Not at all □₂ A little bit		derately	□₄ Quite		□₅ Extremely	
These questions are about how yo For each question, please give the How much of the time during the p	one answer	that comes clos			ve been feeling.	
	All of	Most	A good	Some	A little	None
	the time	of the time	bit of the time	of the	of the time	of the
9. Have you felt calm & peaceful?	□1	□2	□₃	□4	□ 5	. □6
10. Did you have a lot of energy?	□ 1	□2	□з	□4	□5	□6
11. Have you felt down-hearted and blue?	□1	1□2	□3	□4	□ 5	□е
12. During the <u>past 4 weeks</u> , how n interfered with your social activitie					onal problems	 -
☐₁ All of the time ☐₂ Most of the tin	ne ⊡₃ Soi	me of the time	□₄ A little	e of the time	□₅ None of the ti	me
Patient name:		Date:	<i>y.</i> √ F	PCS:	MCS:	
Visit type (circle one)		month 12		24 month	Other	_

We are interested in the types of thoughts and feeling that you have when you are in pain. Listed below are thirteen statements describing different thoughts and feelings that may be associated with pain. Using the scale, please indicate the degree to which you have these thoughts and feelings when you are experiencing pain.

	Not at all	To a slight degree	To a moderate degree	To a great degree	All the time
I worry all the time about whether the pain will end	0	1	2	3	4
I feel I can't go on	0	i	2	3	4
It's terrible and I think it's never going to get any better	0	1	2	3	4
It's awful and I feel that it overwhelms me	0	1	2	3	4
I feel I can't stand it anymore	0	1	2	3	4
I become afraid that the pain will get worse	0	1	2	3	4
I keep thinking of other painful events	0	1	2	3	4
I anxiously want the pain to go away	0	1	2	3	4
I can't seem to keep it out of my mind	0	1	2	3	4
I keep thinking about how much it hurts	0	1	2	3	4
I keep thinking about how badly I want the pain to stop	0	1	2	3	4
There's nothing I can do to reduce the intensity of the pain	0	1	2	3	4
I wonder whether something serious may happen	0	1	2	3	4

Pain Disability Index

The rating scales below are designed to measure the degree to which aspects of your life are disrupted by chronic pain. Respond to each category indicating the overall impact of pain in your life, not just when pain is at its worst.

For each of the 7 categories of life activity listed, please circle the number on the scale that describes the level of disability you typically experience.

Family/Home Responsibilities; Activities of the home or family. It includes chores or duties performed around the house (e.g., yard work) and errands or favors for other family members (e.g. driving the children to school). 1 2 10 Worst disability No disability Recreation: Hobbies, sports, and other similar leisure time activities. No disability 1 Worst disability Social Activity: Activities which involve participation with friends and acquaintances other than family members. It includes parties, theater, concerts, dining out, and other social functions. 1 2 3 4 5 6 7 8 9 10 Worst disability No disability Occupation: Activities that are part of or directly related to one's job. This includes non-paying jobs as well, such as that of a housewife or volunteer. 1 2 3 10 Worst disability Sexual Behavior, Frequency and quality of one's sex life. 1 3 4 5 6 10 Worst disability Self Care: Activities which involve personal maintenance and independent daily living (e.g. taking a shower, driving, getting dressed, etc.) 1 2 3 10 Worst disability Life-Support Activities: Basic life supporting behaviors such as eating, sleeping and breathing. No disability 4 5 · 3 10 Worst disability

Somatic Symptom Scale - 8 (SSS-8)

During the <u>past 7 days</u> , how much have you been bothered by any of the following problems?								
	Not at all	A little bit	Somewhat	Quite a bit	Very much			
Stomach or bowel problems	0	1	2	3	4			
Back pain	0	1	2	3	4			
Pain in your arms, legs, or joints	Q.	1	2	3	4			
Headaches	0	1	2	3	4			
Chest pain or shortness of breath	0	1	2	3	4			
Dizziness	0	1	2	3	4			
Feeling tired or having low engery	0	1	2	3	4			
Trouble sleeping	0	1	2	3	4			